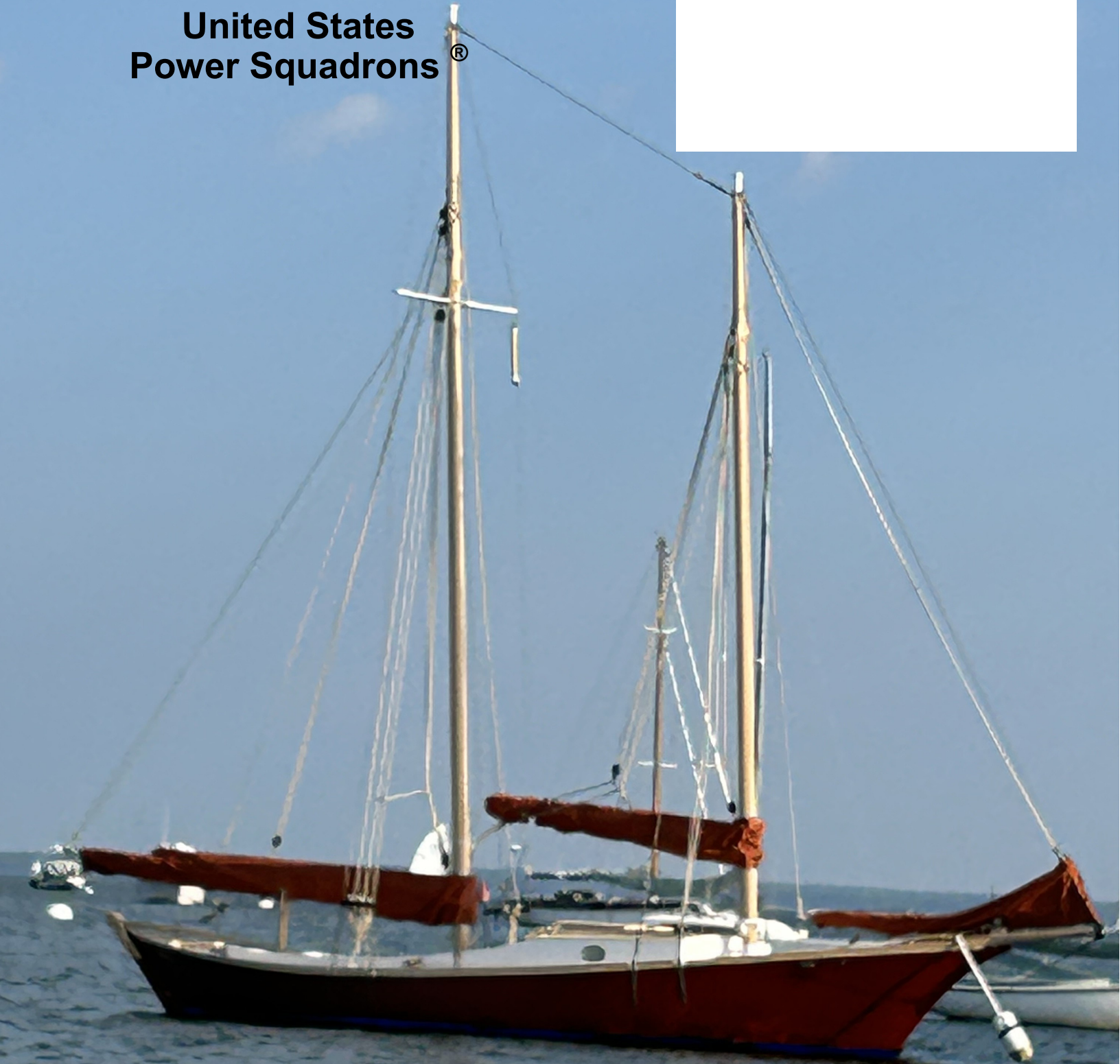


# *The* *Log*

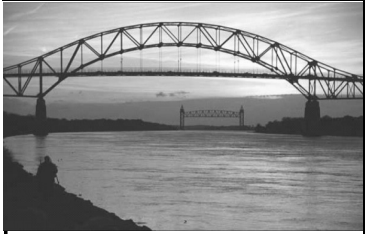
*Buzzards Bay Sail and Power Squadron*  
c/o Andrew Campbell  
PO Box 33, Woods Hole, MA 02543

The LOG is brought to you with the assistance of a grant  
from the Willett Fund of the Cape Cod Foundation.

## **United States Power Squadrons®**



**Sailboat, Great Harbor  
(Photo by Nawrie Meigs-Brown)**



## 2024 EVENTS

### Inside this issue:

- On page 3 of the Log can be found the Summer Event Planner.
- Page 4, America's Boating Course Flyer.
- Page 5, Summer Seminar Series.

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2024

**SUMMER EVENT PLANNER**

FOR CCSPS EVENTS PLEASE SEE THE CCSPS (America’s Boating Club Cape Cod) WEB SITE

ABC Zoom presentations	America’s Boating Course June 18; 20; 25; 27	Exam June 30
June 5	Boating & Navigating with Electronics	
Boat Handling Series		
June 12	close quarters maneuvering	docking with confidence
June 26	underway on open water	
On Water Training by Appointment		
July 17 Wednesday	BBSPS E Board Meeting ZOOM	6:30 - 8:30 PM
Coastal Navigation Series		
July 10	nautical charts, they are changing	
July 24	coastal navigation part 1	
July 31	coastal navigation part 2	
Boat Handling Series		
August 7	close quarters maneuvering	docking with confidence
August 21	underway on open water	
On Water Training by Appointment		
Collision Avoidance Series		
August 14	nautical rules of the road	
August 28	AIS, RADAR and YOU	
September 11	Boating & Navigating with Electronics	
September 18 Wednesday ZOOM	BBSPS E Board Meeting	6:30 – 8:30 PM
September 25	Anchoring Don’t Get Carried Away	



**BUZZARDS BAY SAIL AND POWER SQUADRON**  
*presents*

**AMERICA'S BOATING COURSE**  
**JUNE 2024**  
**LAST BOATING CLASS THIS SUMMER**

America's Boating Course (ABC) is recognized as one of the very best ways to prepare yourself for boating.

ABC meets NASBLA certification requirements, is recognized by the U.S. Coast Guard, and **meets MA requirements for boat operation by 12-15 year-old boaters.**

ABC covers the basics of operating a boat safely, including rules of the road, aids to navigation, required equipment, and boat handling techniques.

**Each class is a live, interactive, virtual presentation using ZOOM on 4 weekday evenings followed by a "drive in" in-person, proctored exam given the Sunday morning following the last class.**

Month	Classes	Time	Exam
<b>JUNE</b>	<b>18; 20; 25; 27</b>	<b>6:30 – 9:00 PM</b>	<b>June 30</b>

**ATTENDANCE ALL 4 DAYS PLUS THE EXAM IS REQUIRED**

**COST:** \$65 per student

You will receive a copy of the USPS ABC book, a summary of MA boating laws, and a US Coast Guard safe boating guide prior to the class.

**PRE REGISTRATION IS REQUIRED**  
**WE MUST MEET BEFORE THE CLASS TO DISTRIBUTE COURSE MATERIALS**

**TO REGISTER:** Send a completed registration form\* along with a check made payable to "Buzzards Bay Sail & Power Squadron" to:

Richard Moore PO Box 1685 Sagamore Beach, MA 02562-1685

Email: [chmbrrck@live.com](mailto:chmbrrck@live.com) Telephone: 508-888-823

\* Registration form can be found on the web site [www.bbsps.org](http://www.bbsps.org)



**BUZZARDS BAY SAIL AND POWER SQUADRON**  
*presents*

**2024 SUMMER SEMINAR SERIES**

BBSPS will present a series of *live, interactive, online* seminars on a comprehensive range of boating topics designed to make you a more confident and secure boater.

**JUST WHAT YOU NEED TO NAVIGATE THE CAPE WATERS**  
**KNOWLEDGE IS CONFIDENCE**

all seminars are presented on-line evenings 6:30 – 9:00 PM

<b>Date</b>	<b>Cost</b>	<b>Subject</b>
	<i>USPS member</i>	
	<i>/non-member</i>	
<b>JUNE</b>		
<b>Boating &amp; Navigating with Electronics</b>		
5	\$30/40	using your GPS & chart plotter
<b>Boat Handling Series</b>		
12	\$40/50	part 1 close quarters & docking
26		part 2 underway on open water
<b>JULY</b>		
<b>Coastal Navigation Series</b>		
	\$40/50	(will reschedule) nautical charts, they are changing coastal navigation part 1 coastal navigation part 2
<b>AUGUST</b>		
<b>Boat Handling Series</b>		
7	\$40/50	part 1 close quarters & docking
21		part 2 underway on open water
<b>Collision Avoidance Series</b>		
14	\$40/50	nautical rules of the road
28		AIS, RADAR and YOU

*Join us for a fun and effective learning experience with no tests and no pressure where the instructors are live on line with you and available to answer all your questions.*

**PRE-REGISTRATION IS REQUIRED**

**TO REGISTER:** Send a completed registration form\* along with a check made payable to “Buzzards Bay Sail & Power Squadron” to:  
Richard Moore PO Box 1685 Sagamore Beach, MA 02562-1685  
Email: [chmbrreck@live.com](mailto:chmbrreck@live.com) Telephone: 508-888-8238

We will email you an on-line link just prior to the presentation.  
\* the registration form can be found on [www.bbtps.org](http://www.bbtps.org) web site

## The View

### Bridge Officers

#### Commander

John A. Rossi Jr., JN

508-743-5105

truckerjar90@gmail.com

#### Education Officer

Richard G. Moore, SN

508-888-8238

chmbrck@live.com

#### Secretary/Treasurer

William Kelly

508-314-4692

bikelly@verizon.net

Summer officially arrives this month. Boats are in the water, but the water remains rather cool. At this time of year, it is possible to expect fog as warm moist air moves over the cooler water, so take care and make sure you slow down, turn on your navigation lights, and remember sound signals. Spring and early summer also tend to bring us squall-line thunderstorms that are quite dangerous, so check your forecast before departing and stay tuned to NOAA weather radio. Also, look to the west and north-west for dark towering clouds. Then take care and head for safety. Remember, life jackets save lives.

We completed our third 2024 session of **America's Boating Course** and are just about to begin our fourth. ABC is offered live and on-line which has attracted boaters from a wide region.

Summer is the time of year that we really get into handling our boats. So, make sure you sign up for our **Boat Handling Seminars** if you want to tune up those skills. We also do on water training.

Stay tuned for updates regarding a potential summer picnic which we have traditionally provided at Parker's Boatyard in Cataumet.

Hopefully, you are ready for a great boating season.

Best regards,



Bob Sweet



## Boston native assumes command of First Coast Guard District

Boston native assumes command of First Coast Guard District.

On Friday, May 10, 2024, the Coast Guard held a change of command ceremony for the First Coast Guard District commander at Coast Guard Base Boston. During the ceremony, Rear Adm. Michael Platt relieved Rear Adm. John Mauger as the commander of the First Coast Guard District, as the first African-American servicemember to assume the role. Adm. Linda Fagan, Commandant of the U.S. Coast Guard, presided over the ceremony.









/ Published May 10, 2024

BOSTON — On Friday, May 10, 2024, the Coast Guard held a change of command ceremony for the First Coast Guard District commander at Coast Guard Base Boston.

During the ceremony, Rear Adm. Michael Platt relieved Rear Adm. John Mauger as the commander of the First Coast Guard District, as the first African-American servicemember to assume the role. Vice Adm. Kevin Lunday, commander Coast Guard Atlantic Area, presided over the ceremony.

Platt arrived from the Department of Homeland Security headquarters in Washington, D.C., where he served as Military Advisor to the Secretary of Homeland Security and was responsible for providing counsel to the Secretary and Deputy Secretary regarding policies, plans, and other affairs between the Department of Homeland Security and the Department of Defense.

Platt previously served as the Executive Assistant to the 26th Commandant of the Coast Guard, providing senior executive decision support, advice, and recommendations to shape, communicate, and carry out strategic direction, policy, and internal/external communications. He also served in six Coast Guard aviation units. During his career, he accumulated over 3,600 hours of flight time in the MH-65 helicopter and the HC-144 airplane.

Platt is a native of Boston and entered the Coast Guard through the College Student Pre-Commissioning Initiative (CSPI). He graduated from Hampton University with a Bachelor of Science, American Military University with a Master of Science, and the National War College with a Master of Science in National Security Strategy. Rear Admiral Platt was a 2014 MIT Seminar XXI Fellow and is an alumnus of Harvard's National Preparedness Leadership Initiative.

The First District includes over 12,000 active duty, reserve, civil servant, and auxiliary personnel. In an average year, the First Coast Guard District saves 427 lives, conducts 2,392 search and rescue cases, assists 4,536 people, and safeguards approximately \$115,000,000 in property at sea.

The change-of-command ceremony is a time-honored military tradition that marks a transfer of total responsibility and authority from one individual to another. The ceremony formally demonstrates the continuity of authority within a U.S. military command.

-USCG-

## Coast Guard urges cold water safety following May fatalities



BOSTON — The Coast Guard warns of cold water hazards following five fatalities across the First Coast Guard District within the month of May.

The Northeast had 30 recreational boating fatalities in 2019, and 50 in 2020. There have been five fatalities within the first two weeks of May alone.

While the weather may be heating up, the water temperatures are dangerously low in the 50s and don't typically get warmer until mid-summer around July and August. Water this cold can physically incapacitate someone in less than 10 minutes, leaving them physically helpless in the water unable to use their arm, legs, feet, and hands.

Water temperatures below 70 degrees will quickly lower body temperature resulting in hypothermia, resulting in a loss of dexterity, motor control, mental confusion, and unconsciousness.

It takes as little as 30 minutes for an adult of average size to lose dexterity in waters of 60 to 70 degrees, and as little as two hours to become unconscious. Without a life jacket, this will likely result in drowning.

Boaters, kayakers, surfers, and stand-up paddlers should follow these simple precautions to increase your survivability prior to getting out on the water:

- Dress appropriately for the water temperature, not the air temperature by wearing wet suits, dry suits, immersion suits, survival suits, and exposure coveralls.
- Always wear a life jacket, even if not required by law.
- Carry an Emergency Position Indicating Radio Beacon (EPIRB), personal locator beacon (PLB), VHF Radio, or cell phone.
- File a float plan with someone you trust. The plan should include details about the trip, boat, passengers, towing or trailer vehicle, communication equipment, and emergency contacts.
- Know before you go! Check the weather and water temperature before going out on the water.
- Download the United States Coast Guard app. This app offers resources to file a float plan, request emergency assistance and more. Cold water can kill! If you find yourself in a compromising position while out on the water, make sure to follow these guidelines until help arrives.



1. Stay Calm.
2. Minimize time in the water. Get out as soon as possible in safe manner.
3. Evaluate your options. If you can swim to safety, stay calm and do so. If you are unable to swim to safety, conserve energy and await rescue.
4. If you cannot get to safety, assume the Heat Escape Lessening Position (H.E.L.P) to protect critical body areas, slowing down the loss of heat.
5. If possible, and with others, form a huddle in the water to conserve body heat.

Mariners are encouraged to visit <https://www.weather.gov/safety/coldwater> for additional resources regarding cold water hazards and safety.

## EDUCATION REPORT JUNE 2024

Comprehensive Coastal Navigation Sequence Bob Sweet & Dick Moore  
 Marine Navigation (P)  
 Congratulations to John Farley on successful completion of the Marine Navigation course!

Advanced Marine Navigation (AP)  
 Mondays postponed until Fall

Engine Maintenance Dick Moore  
 Congratulations to Rob Michaels on successful completion of the Engine maintenance course!

2024 Seminar Series Bob Sweet & Dick Moore

June  
 Boat Electronics 5 navigating & boating with electronics  
 Boat Handling Series 12 part 1 close quarters & docking  
 26 part 2 underway on open water  
 On Water Training by appointment

July  
 Coastal Navigation Series 10 nautical charts, they are changing  
 24 coastal navigation part 1  
 31 coastal navigation part 2

August  
 Boat Handling Series 7 part 1 close quarters & docking  
 21 part 2 underway on open water  
 On Water Training by Appointment  
 Collision Avoidance Series 14 nautical rules of the road  
 28 AIS, RADAR & YOU

September  
 Boat Electronics 11 navigating and boating with electronics  
 Anchoring 25 anchoring, don't get carried away

America's Boating Course Bob Sweet / Dick Moore

ZOOM 6:30 – 8:30 PM Exam In Person Sunday AM  
 June 18; 20; 25; 27 Exam June 30

ZOOM Tuesday 6:30 – 8:30 PM Exam In Person Sunday AM  
 September 17; 24 October 1; 8 Exam October 13

Please see our 2024 Education Program pages in the LOG. Please tell us what interests YOU and we can try to schedule it!

Our course offerings are all planned using live “virtual” presentations using ZOOM, with group in person sessions and individual in depth sessions with each student as necessary. We are striving to bring our members and the boating public, high quality, comprehensive, boating education opportunities. Help us develop our schedule of classes and seminars and join us....learn something.....have fun..... and have some person to person interaction, both virtually and in person.

Respectfully submitted,

Richard Moore SN IN  
 Education officer

## MAY E BOARD MEETING REPORT

ZOOM meeting 6:30 PM Wednesday May 15 , 2024  
Call to order 6:30 PM attendance: John Rossi; Bill Kelly; Richard Moore

### Reports:

Secretary March E Board meeting minutes  
Minutes published in the LOG accepted

Treasurer Bill Kelly  
2023/2024 quarterly and year end summary reports  
Reports accepted as published in the LOG

Education Richard Moore  
VHF radio seminar AHYC May 11, 10AM presented by Bob Sweet  
Weather seminar Pleasant Bay Community Boating July  
Marlinspike Seamanship seminar / pizza buffet May 30 Towne Tavern  
- Event cancelled due to lack of registrations

BBSPS social events Add Kayaking program John Rossi / Dave True cancelled  
John Rossi 2024 plans  
Change of Watch Towne Tavern Wareham May 4  
13 attendees, total cost \$903 receipts \$490 net loss (\$413)  
Cookout Summer  
Spaghetti Dinner Fall

Re write/simplify BBSPS by laws Bob Sweet  
By Laws revision approved by BBSPS annual meeting  
send revised by laws to USPS for approval John Rossi

Change of Watch Richard Moore officers 2024/2025  
Commander John Rossi Education Officer Richard Moore  
Secretary/Treasurer William Kelly

Vessel Safety Check John Rossi, VSC chairman Bill Gedraitis  
Open House Atlantic Boats  
VSC May 18 with USCGA Safe Harbor Marina & Atlantic Boats Onset

BBSPS Roster Richard Moore / Andrew Campbell  
PDF sent to members  
Update Fall 2024

Meeting adjourned 6:41 PM

Date and Time of next meeting Wednesday July 17 6:30 PM

Richard Moore SN IN  
Education Officer

## Cool Water and Staying Safe

### Bob Sweet

It's almost summer, but the water temperature in Nantucket Sound is just over 60° F. That doesn't sound that cool, but it really is to your body. That's not an issue unless you find yourself in the water. Even at that temperature, your body loses heat rapidly. But that's not the only problem.

Enter, the "gasp" reflex. Suppose you are about to walk into the surf this time of year to go swimming. As your body begins to submerge, what do you do? Gasp. That is not a major issue if you are still standing in the surf. Now, imagine, you are in your boat and suddenly fall into the water. Now, that gasp can become fatal. If your head is below water, you'll ingest seawater, and possibly drown. So, what can you do?

First, my rule of thumb is don't fall in the water. Caution helps. But, being prepared for that possibility, you should do two things. One, recognizing that you may gasp, you can consciously overcome that reflex. Now you need to float. So, two, wear a life jacket. An inflatable is a good alternative since it is not uncomfortable. With a life jacket, even if you ingest water, you can float.

Now, it is a matter of getting back into the boat. It's a really good idea to think this one out before departing the dock. Even after only a short time in the water, your motor ability can become impaired. So what provisions do you have for being hauled out of the water? For mates still on the boat, you are essentially dead weight. Certainly, some sort of boarding ladder is needed, but even with that you are likely to need some assistance.

Here is where some rope skills can become handy. You should learn how to tie a one-handed bowline around your waist. When someone on the boat throws a line to you, tying a bowline will help them pull you out of the water without the rope cinching tight and injuring you.

A great alternative is a Lifesling. It is a horseshoe-shaped buoyant device attached to a floating line. If someone falls overboard, you toss the Lifesling into the water and circle around the person in the water. One end of the line is still in the boat. The person in the water grabs the line as it passes by and retrieves the Lifesling which he places around his waist. On the boat, you haul him in. The difficulty is lifting a person out of the water. On a sailboat, you can use a halyard and winch. On a powerboat, it is a matter of brute force lifting. Hopefully, the person in the water is able to assist. You can purchase a Lifesling at West Marine.

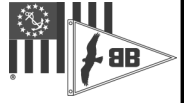
Remember, do everything you can to stay out of the water, and for safety sake, wear a life jacket when out in the cockpit or on deck.

Regards,





# Latitude Announcements



## **CONTENT**

We are always looking for articles, stories and photographs to include in the LOG that would be of interest to our members. Please send them to the LOG editor.

## **COMMERCIAL ADVERTISING**

**FREE**

The business must be a BBSPS supporter and provide assistance to BBSPS in presenting its programs and/or events.

Up to 1 Page Ad

## **MEMBER ADVERTISING**

**FREE**

BBSPS member AND LOG Booster

Ads are limited to boating related items (not your lawnmower)

Ads are limited to 1 page maximum

Ads will run for 4 consecutive months

All Ad submissions should be made to Andrew Campbell using a Microsoft Word attachment for the desired Ad.

Please notify the LOG editor if your item(s) is(are) sold so the ad(s) can be removed.

## **UNITED STATES POWER SQUADRONS WEBSITE**

The USPS public URL has been changed from "usps.org" to <https://americasboatingclub.org>.

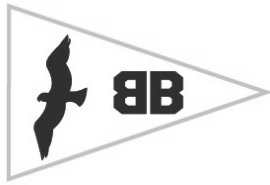
## **BOOSTERS**

Our Boosters list is down to 10 people. We can do better than that. Please re-up your membership if it has recently expired or feel free to join if you have not recently, or never, been a member. It is a cheap way to support the Squadron and in particular the Log.

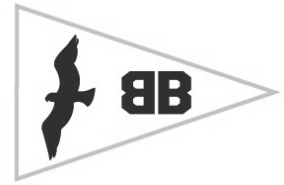
## **LOG EDITOR**

**Andrew Campbell** [andrewriggscampbell@yahoo.com](mailto:andrewriggscampbell@yahoo.com)





## *Squadron Boosters* 2024 - 2028



**Dates reflect booster expiration**

<b>Willett, Herbert III Estate Continuing Support</b>	<b>Buzzards Bay</b>	Lingard, Frank & Bobbie 5/31/28	Buzzards Bay
Bellingham, Duane 10/31/24		Meigs-Brown, Nawrie 2/28/25	Buzzards Bay
Campbell, Andrew 2/28/25	Buzzards Bay	Moore, Richard & Ellen 8/31/24	Buzzards Bay
Dane, Alan & Barbara 10/31/26		Rossi, John 4/30/26	Buzzards Bay
Fricke, Rooster 12/31/24	Buzzards Bay	Scavotto, John & Eleanore 11/30/26	Buzzards Bay
Kerr, Louie 10/31/24	Buzzards Bay		

### Enjoy the LOG? Become a Booster!

Annual Booster memberships are being accepted for the 2024 and 2025 seasons.

Members of BBSPS can become a booster for \$10, non-BBSPS, \$15 (Adds you to our mailing list).

**So show your support by becoming a Booster today!**

**YES! I want to become a Booster NOW!**

Name \_\_\_\_\_ E- Mail \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_  
 BBSPS Member (\$10) \_\_\_ Non\_BBSPS (\$15) \_\_\_ Squadron \_\_\_\_\_

**Checks made out to:**

**Buzzards Bay Sail and Power Squadron with an annotation Log Booster**

**Addressed to: William Kelly, Treasurer BBSPS,**

**19 Katelyn Hills Drive, Falmouth, MA 02540**



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[canalcreativecharters.com](http://canalcreativecharters.com)

## Canal Creative Charters

Whether you're looking for a few peaceful hours on the water through the Cape Cod Canal or a day with your family and friends celebrating a special occasion and/or a day of shopping in Onset Village, lunch at the Chart Room – Captain Pam will make your day on the Buzzards Bay waters a delight.

Choose morning, afternoon, sunset or full-day charters:

- **Let's get Nauti – Full-Day Charter**  
6 hours - Includes lunch stop for up to 6 persons
- **Anchor & Relax – Half-Day Charter**  
4 hours - Suggested Destinations: Bassett Island, Phinney's Cove, Cleveland's Ledge Lighthouse, Cape Cod Canal/Round Trip
- **Coffee & Coastal Calmness**  
Sunrise Charter - 3 hours
- **Red Sky at Night – Sailors Delight**  
Sunset Charter - 2.5 hours
- **A Celebration of Life**  
Scattering of Ashes at Sea, call for details
- **Departure Location**  
Monument Beach Marina,  
Phinney's Harbor, Bourne, MA



**41°43'10.38"N 70°36'43.11"W**

